



Specially prepared for:

“Visit to Sintra & Cascais”

31 May 2013

by the Lisbon Office

A friendly smile
A remarkable service
Your valuable partner

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LISBON



Lisbon is Portugal's capital, located in the west part of the country, where the River Tagus flows into the Atlantic Ocean. The city of the seven hills is known as the White City, thanks to its unique luminosity. The almost constant presence of the sunshine turns Lisbon into a mirror of a thousand colors, highlighting the exceptional architecture and beauty.



The city's name comes from Olissipoh, which had its origin in the Phoenician words Allis Ubboh, meaning enchanting port, which proximity to the Ocean have certainly influenced the Portuguese to become Navigators. Lisbon is in our days a cosmopolitan city with a great multicultural and architectonic heritage. Many civilizations have found the hills of Lisbon a the perfect place to settle, which micro climate and strategic location, allowed its prosperity, becoming one of the most richest Cities and the main trade center in Europe during the 15th and 16th century. Today Lisbon is a lively international city, considered among the most cultural, fun and exciting Cities in Europe to be experienced. Lisbon offers a fascinating combination of medieval facades, interesting art-nouveau building, black and white mosaic sidewalks and fine museums, which conceives an unmistakable character and beauty of its own. From the downtown 18th century old quarters, with its narrow street, easily accessible by the traditional electric yellow tram, offering and exciting night life, with cozy little restaurants, the Fado & Traditional Folklore, bars and pubs, to the monumental area of Belem with its historical heritage dedicated to the Portuguese Explorers, offering a wide choice of trendy restaurants and fashionable clubs set by river side.

Climate

Lisbon has a mild climate all year around. The following Temperature and Rain table shows the climate evolution through out the year.

Months	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Average high °C (°F)	14 (57)	16 (61)	18 (64)	19 (66)	22 (72)	26 (79)	28 (82)	29 (84)	27 (81)	22 (72)	17 (63)	15 (59)
Average low °C (°F)	8 (46)	9 (48)	11 (52)	11 (52)	14 (57)	16 (61)	18 (64)	18 (64)	17 (63)	15 (59)	12 (54)	10 (50)
Precipitation mm (inches)	92 (3.62)	61 (2.4)	45 (1.77)	54 (2.13)	52 (2.05)	9 (0.35)	5 (0.2)	6 (0.24)	28 (1.1)	96 (3.78)	99 (3.9)	109 (4.29)

Bank information

Banks are open from 08h30 till 15h00, Monday to Friday.

Why visiting Lisbon

- Easy access, with excellent flight connections from USA and the major European capital cities.
- Lisbon is a cosmopolitan capital city, with an unique cultural and Historical heritage.
- Local gastronomy - based on the Mediterranean cuisine, it offers diversity, tradition, simplicity and quality, with special note for the daily fresh fish and shellfish, and exceptional and unique table and fortified wines, such as the Porto, Madeira and Moscatel wines.
- Excellent quality/ value, being one of the most competitive and affordable European Cities offering great Hotels properties, amazing venues and unique sightseeing.

GENERAL CONDITIONS

Rates are net in Euros, per person, except if otherwise mentioned, estimated for **Order of Engineers Guests**, on **31 May 2013**, including all governmental and local taxes as presently effective and based on a minimum of **20 people travelling together**. All motor coach transfers and tours include official English speaking guide, tips and tolls.

Friday, 31 May 2013

Sintra, the Romantic World Heritage Village

Guests will leave the SANA Lisboa Hotel at **09h30**, on a private 34-seats motor coach with air conditioning, towards the beautiful village of **Sintra**, once referred by Lord Byron as its “Glorious Eden”. This charming village, recognized by **UNESCO** as a **World Heritage Site**, was for centuries the summer residence of the Portuguese Royal Family. Guests will be visiting the **Royal Palace**, located in the historical centre, decorated with beautiful tiles, painted ceilings and old walls, as well as an unusually huge kitchen. After this experience, guests will enjoy some free time to walk around **Sintra historical quarter**, with its narrow streets, full of small shops, where beautiful tiles, ceramics and handicrafts can be found. A visit to Sintra is never complete without tasting the delicious traditional “queijadas” & “travesseiros”, so a stop for a coffee break at the famous “Piriquita” pastry shop is inevitable (not included on the prices for the visit)

In the centre of the historical Sintra and facing the Royal Palace, stands the beautiful building of the Hotel Central, where the lunch will be served.

After this pleasant and relaxed meal, guests will board the motor coach and continue the visit along the ever green mountain coastal road to “**Cabo da Roca**”, the western-most point of continental Europe with its impressive cliffs. The day will go on along the coast to Guincho beach, known for its excellent conditions for the practice of windy sports. Passage by, **Cascais** a charming fishing town, that blossomed during the 20th century into a quite fashionable getaway, and the residence for many of the exiled European Royal families during the II World War, offering beautiful boutique hotel resorts with fine restaurants, bars and pubs. The drive will continue through the coastal road towards Lisbon (estimated for the arrival to the hotel: 17h30).



5. ABREU DMC COMPANY PROFILE

A Unique Approach

Founded in 1840, *Abreu* is a destination management company sharing its unique legacy of experience and knowledge with its clients. It is a partner that is ever attentive to the specific requirements of every market in which it possesses a consolidated position. Abreu is a specialist in providing creative solutions, capable of innovating and surprising, as well as being ahead of their time.

Abreu takes on the organization of events in a dedicated and exclusive manner. For this reason, each MICE operation carries the guarantee of a unique experience. This is the concept underlying the selection of our different partners and our constant monitoring of the endorsed itineraries, equipment and sites.

Abreu's own offices in Brazil, Portugal, Spain and USA ensure that the company is uniquely aware of the situation on the ground and the potential that exists in a local and regional context.



CORPORATE SOCIAL RESPONSIBILITY

Abreu assumes as one of its priorities, in the regions where operates, a true responsibility towards local communities, associations or organizations that require, beyond any governmental aid, additional support, of different kinds, and additional financial stability. Throughout its existence Abreu has developed own actions in order to give back to the communities part of the company and employee's efforts. Recent examples, refer to aid to the people of Sao Tome & Principe Islands, a former Portuguese Colony located on South Atlantic Ocean facing Africa, where clothes, books and toys were delivered by Abreu representatives. We would like to invite you and your clients to also actively participate, together with us, in CSR actions while in our destinations. We are actively researching and looking for people that do need our help. Help us on helping them.



SUSTAINABLE EVENTS WILL MAKE A BETTER WORLD

Abreu defends the world efforts on providing a better climate and environment for the next generations. In our destinations we are conscious of the need of suggesting “green activities” and “green proposals” for your next event among us. Recyclable items, bio disposable products, nature orientated activities, and ideas of how reduce waste and CO2 emissions are in our minds. Please let us know if you want us to provide alternative and “greener” options for your next event among us.

• DMC Offices in Portugal:

ABREU LISBOA

Av. 25 de Abril, 2
2799-556 Linda-a-Velha
Tel: (+351) 21 415 6131
Fax: (+351) 21 415 6383
dmcportugal.lisbon@abreu.pt

ABREU MADEIRA

Rua Dr. João Brito Câmara, 9
C.C. Dolce Vita - Loja 108
9000-039 Funchal
Tel: (+351) 291 205 915
Fax: (+351) 291 205 909
dmcportugal.madeira@abreu.pt

ABREU OPORTO

Av. dos Aliados, 207
4000-067 Porto
Tel: (+351) 22 204 3570
Fax: (+351) 22 204 3693
dmcportugal.porto@abreu.pt

ABREU AÇORES

Largo Sul da Matriz, 68/9
9500-118 Ponta Delgada
Tel: (+351) 296 304 460
Fax: (+351) 296 304 467
dmcportugal.azores@abreu.pt

ABREU FARO

Av. da República, 124
8000-079 Faro
Tel: (+351) 289 870 900
Fax: (+351) 289 870 990
dmcportugal.faro@abreu.pt

• DMC Offices in Spain:

ABREU MADRID

Calle Génova, 16
28004 Madrid
Tel: (+34) 91 700 44 16
Fax: (+34) 91 319 69 31
dmcspain.madrid@viajesabreu.es

ABREU BARCELONA

Torre Urquinaoma 6 - Planta 10-C
08010 Barcelona
Tel: (+34) 93 481 61 52
Fax: (+34) 93 342 58 02
dmcspain.barcelona@viajesabreu.es

• DMC Offices in Brazil:

ABREU RIO JANEIRO

Torre Rio Sul - Botafogo
Rua Lauro Muller 116 - cj. 905
22290-906 - Rio de Janeiro, RJ
Tel: (+55) 21 2586 1820
Fax: (+55) 21 2542 1840
dmcbrasil@abreutur.com.br

• ASSOCIATED MEMBER:

